



indoor cycles

UK Indoor Cycle Specialists

Tel: 01782 534727

It is very important to the Indoor Cycles team that we offer the best possible delivery service to our customers. We understand that you want to know when your indoor cycle will be delivered so that you can make arrangements to take your delivery. So, our delivery process is very straightforward and gives you the flexibility to book your own delivery, when you want it.

Please use the following table to find out when we are in your area for deliveries. If we're not visiting your postcode area on a day that is most convenient for you, then please contact us as we can often make alternative delivery arrangements to suit you.

When we have processed your order, you will receive an email from us asking you to book your delivery based on the post code matrix below. You will be given a reference number and a link to book your delivery.

The day before your delivery you will be contacted by text, email or phone to confirm a 2 hour delivery slot – so you don't have to wait in all day for your delivery.

Area Name	Area Post Codes	Mon	Tue	Wed	Thu	Fri
Aberdeen	AB		X		X	
Bath	BA	X	X	X	X	X
Birmingham	B	X	X	X	X	X
Blackburn	BB	X	X	X	X	X
Blackpool	FY	X	X	X	X	X
Bolton	BL	X	X	X	X	X
Bournemouth	BH	X	X	X	X	
Bradford	BD	X	X	X	X	X
Brighton	BN	X	X	X	X	
Bristol	BS	X	X	X	X	X
Cambridge	CB	X	X	X	X	X
Canterbury	CT		X		X	
Cardiff	CF	X	X	X	X	X
Carlisle	CA		X			X
Chelmsford	CM	X	X	X	X	X
Chester	CH	X	X	X	X	X
Cleveland	TS	X		X		X
Colchester	CO	X			X	
Coventry	CV	X	X	X	X	X
Crewe	CW	X	X	X	X	X
Darlington	DL	X		X		X
Derby	DE	X	X	X	X	X
Doncaster	DN	X	X	X	X	X
Dorchester	DT	X			X	
Dudley	DY	X	X	X	X	X
Dumfries &	DG					X



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Galloway						
Dundee	DD		X		X	
Durham	DH	X		X		X
Edinburgh	EH	X		X		X
Exeter	EX	X			X	
Falkirk	FK1-6		X	X	X	X
	FK 7 -16		X	X		
	FK17-21		X			
Galashiels	TD	X				X
Glasgow	G	X		X		X
Gloucester	GL	X	X	X	X	X
Guilford	GU	X	X	X	X	X
Halifax	HX	X	X	X	X	X
Harrogate	HG	X	X	X	X	X
Hemel Hempstead	HP	X	X	X	X	X
Hereford	HR			X		X
Huddersfield	HD	X	X	X	X	X
Hull	HU	X	X	X	X	X
Inverness	IV1-4			X		X
	IV4-11					
	IV12-13, 30-32, 36		X			
	IV14-20, 24-25					X
	IV21-23, 26, 40-49, 51-56	X				
	IV27, 28				X	
	IV63			X		
Ipswich	IP	X			X	
Kilmarnock	KA		X		X	
Kirkcaldy	KY	X			X	
Kirkwall	KW1-14				X	
Lancaster	LA		X			X
Leeds	LS	X	X	X	X	X
Leicester	LE	X	X	X	X	X
Lincoln	LN	X	X	X	X	X
Liverpool	L	X	X	X	X	X
Llandridod	LD			X		
Llandudno	LL			X		X
Luton	LU	X	X	X	X	X
Manchester	M	X	X	X	X	X
Medway	ME		X		X	
Milton Keynes	MK	X	X	X	X	X
Motherwell & Wishaw	ML	X		X		X
Newcastle	NE	X		X		X



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Newport	NP	X	X	X	X	X
North East London	E	X	X	X	X	X
	RM	X	X	X	X	X
	IG	X	X	X	X	X
	EC	X	X	X	X	X
	EN	X	X	X	X	X
	N	X	X	X	X	X
North West London	HA	X	X	X	X	X
	W	X	X	X	X	X
	UB	X	X	X	X	X
	W	X	X	X	X	X
	WC	X	X	X	X	X
	WD	X	X	X	X	X
	NW	X	X	X	X	X
Northampton	NN	X	X	X	X	X
Norwich	NR	X			X	
Nottingham	NG	X	X	X	X	X
Oldham	OL	X	X	X	X	X
Oxford	OX	X	X	X	X	X
Paisley	PA1-19	x		x		x
Perth	PH1-14		X		X	
	PH15-20			X		X
	PH20-26		X			
	PH30-41, 49-50			X		
Peterborough	PE1-11, 15-16, 19-29	X	X	X	X	X
	PE12-14, 30-38	X			X	
Plymouth	PL	X			X	
Portsmouth	PO	X	X	X	X	
Preston	PR	X	X	X	X	X
Reading	RG	X	X	X	X	X
Redhill	RH	X	X	X	X	X
Salisbury	SP	X	X	X	X	X
Sheffield	S	X	X	X	X	X
Shrewsbury	SY1-16, 21-22			X		X
	SY17-20, 23-25			X		
Slough	SL	X	X	X	X	X
South East London	BR	X	X	X	X	X
	DA	X	X	X	X	X
	SE	X	X	X	X	X
South West London	CR	X	X	X	X	X
	SM	X	X	X	X	X
	SW	X	X	X	X	X
	TW	X	X	X	X	X
	KT	X	X	X	X	X



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Southampton	SO	X	X	X	X	
Southend on Sea	SS	X	X	X	X	X
St. Albans	AL	X	X	X	X	X
Stevenage	SG	X	X	X	X	X
Stockport	SK	X	X	X	X	X
Stoke on Trent	ST	X	X	X	X	X
Sunderland	SR	X		X		X
Swansea	SA		X		X	
Swindon	SN	X	X	X	X	X
Taunton	TA	X			X	
Telford	TF	X	X	X	X	X
Tonbridge	TN		X		X	
Torquay	TQ	X			X	
Truro	TR	X			X	
Wakefield	WF	X	X	X	X	X
Walsall	WS	X	X	X	X	X
Warrington	WA	X	X	X	X	X
Wigan	WN	X	X	X	X	X
Wolverhampton	WV	X	X	X	X	X
Worcester	WR	X	X	X	X	X
York	YO	X	X	X	X	X

Off-Shore & Islands	By Application
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Please be aware that:

- 1) The post code matrix is subject to monthly review and change
- 2) We do not deliver on public holidays
- 3) Christmas and New Year deliveries may differ from the matrix
- 4) All deliveries must be signed for